



**YENEPOYA**

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956


Accredited by NAAC with 'A' Grade

**Value Added Course**

**Geropsychiatric Nursing**

**Course Code -YN105**

**ATTESTED**

  
Dr. Gangadhara Somayaji K.S.  
Registrar  
Yenepoya (Deemed to be University)  
University Road, Deralakatte  
Mangalore- 575 018, Karnataka

  
Principal / Dean  
Yenepoya Nursing College  
Deralakatte  
Mangalore-575018

## Evaluation

- Examination will be conducted by Yenepoya Nursing College affiliated to Yenepoya (Deemed to be University).
- Eligibility to appear for University Exam
  - i. 80% attendance in theory
  - ii. 100% attendance in practical
- Criteria for pass: Minimum 50% marks each in internal Assessment and final assessment

**STUDENT INTAKE:** 20 students

**PLACEMENT OF SUBJECT:** IV BSc Nursing

## Award of Certificate

- a) Certificate will be awarded by Yenepoya Nursing College which is affiliated to Yenepoya (Deemed to be University).

**Submission of application:** Beginning of the academic year

### For further information contact:

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**YENEPOYA NURSING COLLEGE**  
A Constituent College of Yenepoya (Deemed to be University)  
University road, Deralakatte, Mangaluru -575018



# ADD-ON COURSES FOR STUDENTS

**ATTESTED**

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## Preamble

Professionally qualified graduates with a sound knowledge of their core disciplines and expertise will have more employment opportunities in the future. Industry demands professionally graduates who possess adequate skills.

## Scope and Need

Nursing is a complex and challenging profession. Nursing professionals must learn and practice multiple skills as they move from beginner to advanced level in their career. At the basic level, nursing students must learn the psychomotor skills to perform various procedures and treatments. At higher level, working nurses need to apply the theoretical and evidenced based information that underpins task performance. Offering value added courses are the best measures to identify the interest of graduating nurses and to equip them with essential skills

## Career prospects

Pursuing add-on/value added courses will definitely add more value to a candidate's transcript and curriculum Vitae. The candidate is more likely to be considered for the job.

## Courses offered:

Add on course gives an opportunity to obtain additional certificates during the B.Sc(N) programme.

SL NO	NAME OF THE COURSE	DEPARTEMENT
1.	Critical Care Nursing	Medical Surgical Nursing
2.	Dialysis Nursing	Medical Surgical Nursing
3.	Disaster Management	Community Health Nursing
4.	Gero- Psychiatric Nursing	Mental Health Nursing
5.	Critical Care in Obstetrical Nursing	Obstetrics and Gynaecological Nursing

## Eligibility

Candidates who have enrolled for BSc Nursing course

### DURATION INCLUDING THEORY AND PRACTICAL HOURS

Theory: 30 hours

Practical: 90 hours

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# Contents

**YENEPOYA NURSING COLLEGE  
YENEPOYA DEEMED TO BE UNIVERSITY  
Gero- Psychiatric Nursing**

## **PREAMBLE**

The add-on course in the Geropsychiatric Nursing is offered by Yenepoya Nursing College. This course is designed to help improve the education of nurses for the care of elders suffering from depression, dementia and other mental disorders.

## **SCOPE AND NEED**

The course is designed to enhance the skills of nurses in geropsychiatric nursing

- Enhance competencies for all levels of nursing education, focusing on older adults with mental health/illness concerns.
- Employed in various health care settings such as home care, ambulatory care settings, and acute care facilities.
- Provide an advanced educational experience which will develop the geropsychiatric nurse to facilitate the development of independent judgement and problem-solving skills during emergency situations.
- Develop the student's ability to respond to emergency needs in elderly care.

## **Career opportunities:**

After the completion of the course nurse can work at Hospitals, Non- governmental agencies, Governmental, old age centers, home care and various psychiatric units .

## **COURSE OBJECTIVES**

At the completion of the course, learners will be able to:

- Provide advice as to optimal living situations and everyday activities of elderly.
- Help family members, caretakers, and friends understand the changes in the elderly
- Assess alterations in mental state of old age people
- Evaluate current conditions of seniors and provide advice for best practices.
- Help patients cope with the specific challenges arising from illness or age
- Advise caregivers in performing tasks and keeping the changes of elderly as healthy as possible
- Assess living situations and caregivers to ensure humane management of elderly.

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- Talk one-on-one with patients about challenges, such as family conflict; changing roles; losing a spouse to etc.
- Consult with nurses and other medical professionals
- Provide end-of-life care including legal and ethical issues of elderly

Theory -30 hours

Practical -90 hours

unit no.	Theory hours	Practical hours	objectives	content	evaluation method
I	05	----	Define ageing and its theories	<b>INTRODUCTION</b> <b>Ageing</b> <ul style="list-style-type: none"> <li>• Process</li> <li>• Theories</li> <li>• Physical changes in old age</li> <li>• Physiological changes in old age</li> <li>• Psychological changes in old age</li> </ul> Socio Cultural aspects in old age	Lecture discussion
II	10	30	Perform complete assessment of elderly	<b>ASSESSMENT</b> <ul style="list-style-type: none"> <li>• Physical examination</li> <li>• Geriatric assessment</li> <li>• Neurological assessments</li> <li>• Mental status examination</li> <li>• Mini mental status examination</li> <li>• Blood investigation</li> </ul>	Discussion demonstration
III	07	25	Describe the problems and issues in oldage	<b>PROBLEMS AND ISSUES</b> <ul style="list-style-type: none"> <li>• Pain</li> <li>• Immobility</li> <li>• Significant medical problems</li> <li>• Marital/family conflict</li> <li>• Changing roles</li> <li>• Retirement</li> <li>• Anxiety</li> <li>• Grief</li> </ul>	Lecture discussion

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IV	03	25	detail the psychiatric disorders and its management in elderly	<b>PSYCHIATRIC DISORDERS</b> <ul style="list-style-type: none"> <li>• Delirium&amp; Dementia</li> <li>• Alzheimer's disease</li> <li>• Depression</li> <li>• Bipolar disorders</li> <li>• Anxiety disorders</li> <li>• Somatoform disorders</li> <li>• Schizophrenia</li> <li>• Substance abuse</li> <li>• Pharmacological and non pharmacological management</li> </ul>	Lecture discussion
	05	10	elaborate the legal and ethical issues in elderly	<b>END OF LIFE CARE</b> <ul style="list-style-type: none"> <li>• Concept of death and dying</li> <li>• Theories of death and dying</li> <li>• Stages of death</li> <li>• Care of dying patient and family</li> </ul> Legal and ethical issues	Lecture discussion

### Regulations

1. **Title of the course:** Add-on course Gero psychiatric nursing
2. **Eligibility:** Candidates who are pursuing Basic B.Sc Nursing course
3. **Placement:** Offered for IV year B.Sc (N) students during Internship
4. **Annual Intake (No of seats):** 20
5. **Duration of the course:**

#### Including hours of theory/practical:

- Theory:30 hours
- Practical: 90 hours

6. **Additional faculty requirements:** External nursing expert - 1

8. **Additional infrastructure required:** One class room

9. **Attendance:** A candidate must have a minimum 80% attendance in theory and practical, in each subject, for appearing for examinations, irrespective of the kind of absence she/he may have had.

**Criteria for eligibility to appear for exam:**

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- Theory: 80%
- Practical:100%

**10. Evaluation:**

- **Formative evaluation:** Objective type evaluation, Case discussion
- **Conduct of final college examinations :** Online MCQ test – 40 marks

**11.Criteria for pass:** In order to pass a candidate should obtain at least 50% marks aggregate including internal Assessment and marks obtained in the examination conducted by the department of Mental Health Nursing, Yenepoya Nursing College.

**Grading:**

- 90% to 100% - A<sup>+</sup>
- 80% to 89% - A
- 70% to 79% - B<sup>+</sup>
- 60% to 69% - B
- 50% to 59% - C

**12. Award of Certificate**

**TITLE:** Add-on course Gero-psychiatric nursing will be awarded by Yenepoya Nursing College.


**13. Library/ Requirements of books:** Central Library contains a collection of updated new editions of books, journals and periodicals. For the benefit of students, the central library remains open from 9am to 12 midnight.

**14. Stipend: nil**

**15. Date of commencement:** academic year 2019-2020 onwards

**16. REFERENCES**


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2. Alexopoulos GS, Katz IR, Carpenter D, Docherty JP. The Expert Consensus Guideline Series. Pharmacotherapy of depressive disorders in older patients. Postgraduate medicine. 2001 Oct:1-86.
3. Beauchamp TL, Childress JF. Principles of Biomedical Ethics, 4th edn Oxford Univ Press,USA;2001.
4. Bernat JL. Ethical and legal issues in palliative care. Neurologic clinics. 2001 Nov 1;19(4):969-87.

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6. Center for Substance Abuse Treatment. Part 3, Section 3, Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment: General Bibliography. In Addressing Suicidal Thoughts and Behaviors in Substance Abuse Treatment 2009. Substance Abuse and Mental Health Services Administration (US).
7. Lalitha K. Text book of Mental Health and Psychiatric Nursing-an Indian perspective. Bangalore:VMG Book publishers.2007.
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9. Townsend MC. Essentials of psychiatric mental health nursing: Concepts of care in evidence-based practice. FA Davis; 2017 Oct 19.

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